



the SVLA BREEZE

YOUR SPRING VALLEY LAKE ASSOCIATION'S OFFICIAL MONTHLY NEWSPAPER FOR THE JEWEL OF THE HIGH DESERT

September 2020

Ads: 760-628-9732

Paint Night
OCTOBER 9, 2020
6:00 PM
MEADOWLARK PARK
(BASKETBALL COURT)

BRING YOUR OWN
 FOOD AND DRINKS
 \$20.00 - ADULTS
 \$15.00 - CHILDREN

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September 18 **October 23**

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 FAMILIES AT ALL TIMES

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 WHEN VISITING THE FOOD
 VENDORS OR USING THE
 RESTROOM

PLEASE NOTE: THERE WILL BE NO BAR..
BRING YOUR OWN DRINKS (NO GLASS CONTAINERS)

MEMBERSHIP CARDS REQUIRED
FREE ADMISSION
 FOOD VENDORS

f i t

INSIDE THE SVLA BREEZE

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Spring Valley Lake Contact Information

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Jeanne Beam: jbeam@svla.com

Accounts Manager

Dee Dee Walker: dwalker@svla.com

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Vice President JoAnne Romero

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92342

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SVLA Administration Office
13325 Spring Valley Parkway
Spring Valley Lake, CA
92395-5107

Mailing Address:
7001 SVL Box
Spring Valley Lake, CA
92395-5107

Association Office:
760-245-9756

Fax Line:
760-245-3076

Website:
www.svla.com



Association office hours:
Tuesday - Friday
7:30 a.m. to 6:00 p.m.

Public Safety:
12975 Rolling Ridge Drive
Spring Valley Lake, CA 92395
Open 24/7/365
Direct Line: 760-245-6400

Additional Services:
Architectural/Code
Enforcement:
760-245-9756
CE@svla.com

Marina Hours:
(October - April)
6 a.m. - 10 p.m.
(May - September)
6 a.m. - 12 Midnight

Equestrian Center:
760-245-9756
12660 Indian River Drive
Apple Valley, CA 92308
Arena Hours: 8 a.m. - 10 p.m.

**In Case of Emergency dial:
911**

Emergency Contact #s:
SB County Animal Control:
800-472-5609
A.V. - 760-240-7000 x7555

Apple Valley Fire Protection
District (Equestrian Estates):
760-240-7618

Apple Valley Sheriff Station
(Equestrian Estates):
760-240-7400

SVL Fire Station (Lakeside):
760-245-1100

California Highway Patrol:
760-255-8750

San Bernardino County
Sheriff's Department:
760-245-4211

Numbers FYI:
County Code Enforcement
Violations pertaining to County
rules and regs:
760-995-8140

County Building and Safety
New housing construction, struc-
tures built on property:
760-995-8220

(SBC) Planning Dept.
760.995.8140
Town of Apple Valley
(EQ side only): 760-240-7000

Department of Public Works
Water / flood control
760-995-8220

Graffiti Removal:
SB County: 760.995.8140
Apple Valley: 760-240-7000
x7560

San Bernardino County
Environmental Health Services
(Vector Control)
800-442-2283



The SVLA Breeze has incorporated QR Codes into our newspaper. A QR ("Quick Response") Code is a mobile phone readable barcode. Simply point a mobile phone (or other camera-enabled mobile) at it. If the device has had QR Code decoding software installed on it, it will bring up its browser and go straight to that URL. QR Code Reading Apps are available from your Smartphone App Store.

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SVLA BOARD PRESIDENT

BRIAN BICKHART

As many of you know, the Board of Directors has been in contact recently with Club Corp regarding the Spring Valley Lake Country Club. Our talks with Club Corp have stepped up in the past month; and we are now going to be hiring a consultant to help us determine the feasibility of SVLA acquiring the Club. The continued operation and overall maintenance of the club is vital to all our property values. We simply cannot let the club be acquired by a potential third party that does not have the best interest of our community as a top priority. Be assured, we will keep the community abreast of all developments as they occur.

Last month the Board of Directors passed the annual budget. You will be pleased to hear

we did not see the need to increase assessments this year! We also are continuing to work with Al Logan on the park plan. I know a great deal of our residents are excited about a possible skateboard park and pump track. We are working diligently to process the feasibility of that project as well as completion of the park plan in its entirety.

Lastly, our floating wetlands have been installed and appear to be doing very well. Many of you may have noticed some are blooming! Next step for the lake treatment will be aerators placed around the lake. These were included in our budget for 2020/2021 and will work with our wetlands and filtration system. Have a great September, and I hope to see you all at our next board meeting! 💎



PLEASE UPDATE YOUR CONTACT INFORMATION



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Please verify that the contact information we have on file for you is still correct and up to date, as well as any emergency contact we have or you would like to add.

Send us an email: Admin@svla.com
 Call us: 760.245.9756
 Fax: 760.245.3076

GET INVOLVED!



Committees

For committee information and application, visit our website at:
www.svla.com, click on 'I Want To' tab... 'Join A Committee'

Architecture Committee <small>Meets 2nd & 4th Thursday of Month</small>	Citation Committee <small>Meets 1st Tuesday of Month</small>	Community Plan Committee <small>Meets 3rd Thursday of every month</small>
		
Equestrian Estates Committee <small>Meets 3rd Tuesday of every month</small>	Community Event Team <small>Meets 1st Tuesday of the month</small>	Lake Committee <small>Meets the 2nd Thursday of the Month</small>
		
Budget & Finance Committee Application <small>Meetings TBD</small>	Committee Application	Community Task Force Application
		

Click on Committee Application and download a copy or pick up an application at the Association Office

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Justin Atkins Nurse Practitioner, Board Certified in Adult-Gerontology Acute Care

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Becky Jordan is a 30 year resident of the High Desert and has been a licensed aesthetician in California for 30 years and in Nevada for 10 years. She has received extensive training and has been recognized for her work with cancer survivors and was named by the Victorville Desert Dispatch as a Woman of the Year. **Call 760-954-0976.**



ALFRED LOGAN, GENERAL MANAGER

Airbnb's popularity has grown rapidly over the years. It creates opportunities for people to earn extra money renting out their home, while others can enjoy the benefits of traveling to new places and pay lower costs for lodging.

Spring Valley Lake's Public Safety team has logged several complaints about Airbnb stays recently. Hosts and renters alike should be aware of all the rules set by Airbnb, and the county you live in, before signing up.

Airbnb stays are considered short term rentals. According to San Bernardino County's website, the definition of a short-term rental is:

"A residential dwelling unit or portion thereof rented or otherwise used for transient occupancy, as defined in County Code § 14.0203. A short-term residential unit may not be used for a wedding, wedding reception, business meeting or conference, a fraternity party, or any other similar gathering. Transient occupancy generally means occupancy for 30 consecutive calendar days or less."

Airbnb's website also provides some information regarding the rules in San Bernardino County.

It states:

"The application fee is \$599, and the renewal fee is \$359. You're required to renew every 2 years. San Bernardino conducts a property inspection as part of both the initial registration and renewal process. Note: If you're buying or selling a property that already has a permit, the new owner can transfer it by contacting the County within 30 days of taking the title.

Don't operate or rent without a permit, even if you've already started the application process. The County imposes a \$430 Surrounding Property Owner Notification Fine to anyone who operates a short-term rental without a permit.

San Bernardino County imposes a 7% Transient Occupancy Tax on amounts paid by guests for occupancies that last 30 or fewer days. You'll need to apply for a Transient Occupancy Registration Certificate to collect the tax. The county tax office mails a form to every active certificate holder each quarter."

The pandemic and social distancing has made it necessary for Airbnb to adapt their rules to accommodate safe social distancing practices. An alert was posted on August 16 stating, "a global

ban on all parties and events at Airbnb listings, including a cap on occupancy at 16. This party ban applies to all future bookings on Airbnb, and it will remain in effect indefinitely, until further notice."

Airbnb will not allow any parties or events that were not approved by the host, open invitation parties or unauthorized parties/events. Check out the Airbnb website for more details.

According to Airbnb, neighbors of rentals have rights and are taken very seriously.

"When a property that's listed on Airbnb is causing a disturbance—whether that's excessive noise, a disruptive party, a gathering of more than 16

people, or unsafe behavior—members of the local community can report it at Neighborhood Support, which provides a link to local emergency services. They'll also have access to the Neighborhood Support team phone number, where they can report a party that's still in progress. Once an issue is reported, Airbnb will send a confirmation email explaining what happens next."

Airbnb's Neighborhood Support team can be called at +1 (855) 635-7754. We also encourage our community members to continue to contact our Public Safety department with any issues or concerns you may have with short term rentals in our community (760) 245-6400. 

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CONTACT
INFORMATION**

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~Valysia Shogunle, Code Enforcement Supervisor

September is here and this month brings the beginning of many changes as fall draws near. Spring Valley Lake's Code Enforcement team is busy as ever making sure our "Jewel of the Desert" is a great place to live.

Friendly Reminders:

Painting: Please keep in mind Spring Valley Lake's Architectural Guidelines when considering painting or repainting your house.

Section 6.13.1 states, "Painting shall be uniform and consistent with complete coverage of all design elements as approved by the AC (Architectural Committee) and in accordance with submittal documents and the colors and material board."

Section 6.13.4 states, "All exterior color and finish changes are subject to AC approval."

Section 6.13.5 states, "Repainting the same color and maintenance painting do not require Committee approval. However, prior to starting the project, a submittal to the SVLA Architectural Coordinator that includes the paint manufacturer, color names and numbers, and photographs of the existing conditions are required."

Holiday Decorations: It's that time of the year again. Decorations are making an appearance again, so make sure you know the necessary guidelines in our Architectural Policies and Procedures.

Section 6.4 states, "Outside seasonal, festive or holiday decorations and lights shall be installed no more than 30 calendar days prior to the event date and shall be removed no later than 30 calendar days after the event date. See *Section 5.6.2* for all-season miniature clear lights."

Annual Inspections: The end is near! Code Enforcement is working hard to finish annual inspections diligently. Our end date is planned for mid-October. So far, code officers have completed 3,078 annual inspections. We thank all residents for their patience and cooperation with our team during these past months.

Once a courtesy notice has been received, it is important to correct the violation by the due date; or contact the Association if there are unforeseen circumstances. If we are not contacted or the violation isn't corrected, the owner will receive a citation upon not complying within the time frame given.

Contact Us: Need to contact a member of the Code Enforcement team? We have a few ways for you to do so:

- Go to **SVLA.com**, Click on the "Departments" tab, pull down to Code Enforcement. There you can submit any Code Enforcement issues through our step by step submission page.
- Email us - code@svla.com,

we will be in contact you upon receiving your email.

- Call 760-245-9756 ext. 101 to speak with the Architectural Liaison for architectural concerns or questions.

- Call 760-245-9756 ext. 108 (Kyler), ext. 200 (Eddie), or ext. 206 (Tammy) to speak with our Code Enforcement Officers.

Code Enforcement Violations	AUG Stats
IN PROGRESS	363
OPENED	772
CITATIONS	18
CLOSED – (Resident complied)	685
DOOR TAGS (Courtesy Notices)	94
OPEN ESCROWS	37

Rental Rule - AUG	Stats
Open violations	80
Dwelling license	24
Res. Rule Violation	0
Total confirmed rentals	371

Architecture

We are currently not scheduling any in person Architectural appointments.

If you have questions regarding an architecture project, you can email

vshogunle@svla.com

or call the office (760.245.9756)

Tuesday- Friday 7:30 am - 6:00 pm.

Submitting your Architectural Project Application?

There is a drop box at the Association Office or email to:

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~ Nick Gonzalez, Director of Operations

Hello SVLA Residents,
The last month has been a challenging one with the ongoing heat wave and recent bad air quality, due to the fires; but regardless, our guys have pushed through and accomplished many things around the community. You can see what our department has completed this month below:

Beach Area:

- Sanitized all restroom door handles and hard surface areas at least 3 X's per day.
- Drag Beach Daily.
- Cleared sidewalk by West Beach by blowing daily.
- Trash removed daily
- Wiped down all picnic tables
- Emptying trash cans daily
- Replaced 2 control light timers

Parks:

- Maintenance has completed installing all lighting for gazebos located at the Dog Park.
- Sanitized FA #8, Meadowlark Park RR's, AO exterior RR's and Beach RR's door handles and hard surface areas at least 3 X's per day.
- FA #14 elevated dock has been completed.
- Emptying trash cans daily
- Repaired and painted picnic tables
- Weed abated Meadowlark Park
- Installed fabricated double

doors at the pumphouse

- Sanded main entrance door to the pumphouse. Door will be painted next week

Equestrian Estates:

- Repaired and painted picnic tables at Playfair Park and Long Acres Park.
- Removed fallen mulberry tree limb at the Equestrian center by Rosendo's house. The tree was rotted from the center of the core and it had to be removed.
- Weed abated and removed trash from inner Bear Valley Wall.
- Completed flail
- Continued vinyl fence repairs at Playfair park
- Painted fencing at the end of Yorkshire Dr
- Covered squirrel house at Playfair Park
- Trimmed Mulberry Tree

Picnic/Fishing Areas:

- Fishing area #2 - setup cones by the seawall (NO FISHING), to protect floating island plants. These floating islands were move to FA #12.
- Emptying trash cans daily
- Fishing area #3- Closed entire fishing area to protect floating islands.
- Repaired and painted picnic tables
- Repaired damaged railing at FA #8

- Pressure washed Picnic Area #1 every day.

Buildings:

- Sanitized AO door handles and hard surface areas at restrooms and AO doors daily.
- Installed new free-floating laminate flooring in dispatch office.
- Repaired and painted break-room wall in CB.
- Repaired Baseboards in CB

Grounds:

- Weed abated Parkway
- Removed debris
- Repaired sprinklers in common areas

Floating Islands:

- Floating Islands at FA #3 & FA #12 are doing well. Aquatic plants are flowering and establishing

Wells:

- FA #14 well is currently tripping the breaker. Maintenance identified the well motor fluctuating in noise. Currently, the well is active and being monitored daily.
- FA #13 well control was off. Power outage caused this to happen. Maintenance reset it and re-programmed.

Parkway Median:

- Repaired drip system
- Planted plants
- Removed dead plants

Lake & Marina Dock Maintenance:

- Repositioned buoys back to their original location
- Repaired PSD's boat slip.
- Repaired dock edge #103
- Secured loose wood flooring
- Replaced rotten slip boards

Training/Safety Videos:

September

- 2-VIDEO: **COVID-19** Quarantine If You Might Be Sick
- 4-Video: Professionalism at Work
- 9-Video: **COVID-19** What Do I Do If I Feel Sick
- 11-Video: How Often Do I Change My AC Filters?
- 16- **COVID-19** Corona Virus Disease
- 18- Hands On: Safety Inspections & Observations
- 23-Video: **COVID-19** Mask & Face Covering

The Operations Department is always working diligently on maintaining SVLA's stature as well as keeping up on regular training videos to ensure we are delivering the best service possible. If you ever notice a maintenance related issue or concern around the community, please call the Association Office and we will do our due diligence to correct the issue(s) or concerns! 💡



(Maintenance, Repair & Operations cont.)

Lake Data July 29, 2020:

NORTH END		Transparency	Water Color	Wind Speed	Wind Direction	Sky	Date	Time
PH	7.67	13"	Olive	MPH		Clear	9/1/20	9:25am
Nitrate	0.144	DO	6.72	6.56	6.51	6.67	6.55	5.37
Phos		Temperature	76.6° F	75.6° F	75.3° F	75.1° F	74.9° F	74.7° F
		Saturation	80.7%	84.6%	83.9%	83.5%	85.2%	83.7%
			6"	2	4	6	8	10

SOUTH END		Transparency	Water Color	Wind Speed	Wind Direction	Sky	Date	Time
PH	8.20	17"	Olive	6.0 MPH	Southeast	Clear	9/4/20	1:00pm
Nitrate		DO	8.62	8.17	7.93	7.20	0	
Phos		Temperature	80.5° F	77.3° F	77.0° F	76.2° F	0	
		Saturation	119.0%	109.0%	106.0%	105.0%	0%	
			6"	2	4	6	8	10

CENTER		Transparency	Water Color	Wind Speed	Wind Direction	Sky	Date	Time
PH	7.81	24"	Olive	MPH		Clear	9/4/20	1:30pm
Nitrate		DO	8.80	9.06	8.93	5.09	4.13	
Phos		Temperature	82.7° F	79.1° F	77.0° F	75.5° F	75.5° F	
		Saturation	125%	125%	120%	67%	54.3%	
			6"	2	4	6	8	10

MARINA		Transparency	Water Color	Wind Speed	Wind Direction	Sky	Date	Time
PH	8.20	14"	Olive	MPH		Clear	9/1/20	3:00pm
Nitrate		DO	8.1	8.38	7.54	5.90		
Phos		Temperature	82.5° F	79.2° F	77.0° F	74.2° F		
		Saturation	110.2%	110.0%	97.6%	97.2%		
			6"	2	4	6	8	10

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Send us an email: Admin@svla.com
Call us: 760.245.9756
Fax: 760.245.3076



The

REPUBLIC
will be holding
a Pow/Mia
Table Ceremony

7:00 pm
September 18
Everyone
is invited.

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SVL Veterans Club
Christopher Harvey:
209-338-7349



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LISA FALCETTI, PUBLIC SAFETY DIRECTOR

Golf Cart Driver Caught after a Hit and Run...

Public Safety assisted CHP with the arrest of a drunk driver.

On August 15, Corporal Ruiz from the Public Safety Department witnessed a hit and run at 9:16 pm. Public Safety took charge of the situation and cooperated with California Highway Patrol (CHP) to apprehend the suspect.

A female driver of a golf cart was seen hitting a parked trailer and fleeing the scene by Ruiz who was out on patrol. Despite many attempts by Ruiz, the driver refused to pull over to the side of the road and stop the vehicle. CHP was notified by dispatch immediately after the incident.

The driver continued to roam the community while Ruiz fol-

lowed and waited for CHP to arrive. During this time, the driver almost hit three other cars. Ruiz stated the driver appeared to be under the influence of alcohol.

CHP arrived at the address of the damaged trailer to make a report, and later located the driver still on the streets of the community. The driver was identified and arrested by CHP.

As the Director of Public Safety, I commend my officers for their dedication to their jobs and this community. Often, we come across out of the ordinary situations that we handle to the best of our ability. Public Safety will always strive to keep the jewel of the desert safe. 💎



Summer Blues

Another summer is almost over, and everyone at the Spring Valley Lake Public Safety Department is sad to see our summer employees go. Thank you to all for your hard work during this unusual summer.

The Public Safety team had to learn so many new rules and regulations this summer. Public Safety wanted to make sure we set safe social distancing measures to keep the community safe. This required everyone to work harder and our seasonal employees did a great job learning through our Covid-19 adjustments.

Our seasonal officers tackled many tasks like assisting in I.D checks for the beach, parks and fishing amenities. Throughout this summer, they assisted in check-

ing over 12,872 I.D's.; responding to resident calls or concerns, performing vessel inspections and launching and receiving vessels. Those are just a few of the tasks our seasonal officers performed on a daily basis.

In total, we had 12 lifeguards working this summer. Many were returning from previous years, but some were new, and they adapted extremely well to social distancing regulations. Besides keeping residents safe, our lifeguards patrolled the beach, watched diligently from their towers and checked I.D cards as residents and guests entered the beach area.

I want to thank you all for making this summer a safe and fun one. 💎

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TODAY

Measure V: The Right Time, The Right Decision

The CSD Formation Committee was assembled to research the possibility of moving Spring Valley Lake from the antiquated CSA-64 method of County controlled services, to what's quickly becoming the future for growing communities such as ours, a community-based, locally managed Community Services District. The further the governance from the constituents, the less customized, efficient and accountable those services are.

Mr. Joseph Brady has served, in past years, as Chairman of the Spring Valley Lake Budget/Finance Committee. While serving as Chair, he supported the creation of a Community Services District (CSD). Mr. Brady reached out to Kimberly Cox, of Helendale, and Charlie Johnson, of Phelan/Pinion Hills CSDs to gain knowledge of their experience in forming their respective CSDs. His committee failed to pursue creating a CSD. Our committee, on the other hand, has decided to pursue and we are proud to say we are in the final stages which includes receiving an affirmative vote from the community. This new team of respected community members decided it was time to explore the practicality of formation of a CSD. They picked up where Mr. Brady's team left off and researched the possibility of switching from CSA-64 to a CSD. This group had the encouragement of County Supervisor Robert Lovingood, who pointed out that the County was in favor of the old CSA's branching out and becoming CSDs. This dedicated group spent over two years researching the formation process. After much research, it was determined that establishing a CSD would prove economically beneficial to our community. This was supported by LAFCO's findings as you can see at: <http://www.sbclafco.org/Proposals/ProposalsAvailable/SignificantProposals/LAFCO3233.aspx>

LAFCO is the governmental agency which was tasked with the responsibility of researching the feasibility of a CSD for Spring Valley Lake. LAFCO would not have approved the formation of a CSD if they did not see an advantage to the community. Part of LAFCO's job is to be sure that special districts are viable solutions for local communities. There are over 2,000 special districts within California and more than 30,000 nationwide. Special districts are local governments created by the people of a community to deliver specialized services. Some members of the community claim there is no professional reason to replace CSA-64, Our research proved otherwise. And what we found was staggering! CSA-64 decided our area was in need of new water meters. They chose to go with 1" brass meters, which were higher in price than the comparable ¾ inch versions. The slight size difference added up to a notably higher cost of approximately \$440,000.00 for our residents. Note, this was done without asking the residents for comment! CSA-64 also proposed to remove our treasured arch and erect a fountain in its place. After getting drawings and an estimate, we learned the cost was going to be in excess of \$400,000. Would you as a community have approved this? Having only one voice at the County level, has proven to be poor representation for the actual needs of our community.

Contrary to what you may hear, there will be no change in the quality of our water under the new CSD. Our rates will remain low and services will continue without interruption. This is because local people will be responsible to the community. If you recall, in 2017, CSA-64 proposed a huge increase (in excess of 50%) in our costs of water, sewer and facilities over a 5 year period. If this proposal had gone through, here is an example of what your CSA-64 bill would be: Currently bills average about \$150.00 to \$160.00 every two months. Had the rate increase been approved by the County, your bill this year would be closer to \$195.00 to \$205.00 every two months and for next year (2021) they would be approximately \$210.00 to \$220.00! This increase was blocked by the efforts of a group of residents from SVL who attended the meeting in San Bernardino and spoke on behalf of our community. For more information, please check the actual CSA-64 proposal on their website at: <http://www.specialdistricts.org/modules/showdocument.aspx?documentid=2204>

As you can see, the advantage of a CSD is that those same decisions would be made here, locally, and not by the County, but by people who live in our community. Currently the CSA-64 collects revenue from our community and uses a portion of that within our community, LAFCO's independent report states that CSA-64's funds were channeled to other CSAs such as Pioneertown, Fawnskin, Oak Hills, Lytle Creek and others. Voting to create our CSD (Measure V) will assure that our hard-earned dollars remain in our community. The CSD would create an opportunity for an increase in local employment, as a number of positions will need to be filled. Wages and benefits including retirements are out of control at the County level. Having a local controlled CSD, management can set new levels of wages and benefits and find ways to control future pension liabilities. It's not about losing CSA-64. It's about handling the day-to-day operations pertaining strictly to our community. The labor, equipment, and supplies we pay for stay within our community. The day-to-day operations will be run by a fully qualified management team and workforce overseen by a locally elected board of directors not an unknown someone "down the hill" at the County office. The cost for doing so, will not add another level of government, as some mistakenly claim. It will replace the existing County-based management with experienced personnel who will run the organization at a local level. The CSD board will consist of five elected members, directly responsible to the members who live in our community. Board meetings will be conducted within the community and will allow for interaction from the community. Concerns, questions and issues can be brought up at these meetings.

Why would anyone be against our having the opportunity to save money and improve services while maintaining our current level of excellence? Self-determination and local control represent the foundation of the American governmental system, and perhaps no form of government is more 'local' than the independent special district.

We invite you to visit the website at www.SVL-CSD.com or the Facebook page by searching for www.facebook.com/svlcsd

The time to vote is drawing near. Please support passing Measure V on the November 3rd ballot

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Your Neighbors Urge you to VOTE YES on Measure V



GRAEME CARR

The Mojave River Valley has ever diminishing resources and more demands, and it will fall on this new board to manage these conditions, as they pertain to Spring Valley Lake. I believe that moving from a CSA to a CSD is the appropriate action to take.

It will correlate directly to the cost of water, sewer, trash, and street sweeping service, and provide direct administrative local control. According to LAFCO, CSA64, contributes 40% of the funding to operations of the Special Districts Department, of San Bernardino County, but gets 35% of the services.

The 5-year proforma budget for the newly proposed Spring Valley Lake CSD shows that we will be able to operate with a positive cash flow, without any increases in rates. I was a foundation board member of the Apple Valley Christian Care Center, and on the board of directors of the Ridgecrest Business Park Maintenance Corporation. I am a commercial real estate agent with NAI Capital and previously ran US Rentals, a construction equipment rental company. My business success has relied on my ability to problem solve, achieve consensus, take action and follow up. I am 70 and in excellent physical and mental health.



STEVE LOWRANCE

I have spent the last 12 years as an operations supervisor at a local Community Services District (CSD). I have the exceptional experience of working for the CSD when it transitioned from being part of a county CSA. I am uniquely qualified to represent the citizens of SVL in the newly formed CSD.

Under county management, other County Service Areas benefited from Spring Valley Lake's CSA64. This practice will stop with the formation of the new SVL CSD. My goal is to initiate efficiency, responsibility, and maintain reasonable rates and fees, while assuring that SVL citizens pay only for their fair share of the costs associated with the services they receive. I will make sure the new district is operated proficiently by experienced staff and will help build a district the citizens of SVL can have confidence in. I am eager to assist in bringing our services under our control. Eliminating the current and historical support to other districts within County special districts is just one of the many benefits of a locally governed and operated CSD. It is of upmost importance to build a new CSD that provides high quality, efficient services to the community in a fair and equitable manner.



MARY STAPP

I retired after working in finance and administration for over 30 years. My experience includes governmental finance, administration, and public service. I am currently volunteering on the SVLA Finance Committee, helping to develop structure, continuity and fiscal policies that provide transparency and accountability.

I am passionate about the Spring Valley Lake community and eager to help develop the new Community Service District. Getting our services into local oversight, where we can pay appropriately for the services we receive, is the first step. Now we need to develop the CSD into an organization we can be proud of. An organization that conducts itself efficiently in a transparent, ethical, professional manner with skilled, knowledgeable staff that supports reasonable rates for necessary services. Establishing the District's accounting and administration policies is a key step in setting the tone for the future. I am uniquely qualified to help the new CSD develop into a district of transparency and accountability that provides efficient services at reasonable rates to the citizens of Spring Valley Lake. Vote yes on Measure V



DENNIS VERHAGEN

It's about more than just water... it's about taking care of our neighbors and our neighborhood. Voting YES on Measure V allows for our community to form a Community Services District (CSD). This will provide local decision making over our water, solid waste, sewer, and street sweeping services. Formation of a CSD will enable local administration to oversee our expenses and services, keeping rates manageable.

The CSD Board of Directors will be comprised of local residents. This leadership team will be directly responsible to the community for decisions regarding our services. This will replace the existing San Bernardino County Board of Supervisors controlling not only CSA-64, but all other County CSAs. A key example of this occurred in 2017, when CSA-64 proposed a huge increase (in excess of 50%) in our costs of water, sewer and facilities over a 5 year period. This increase was blocked by the efforts of a group of residents from SVL who attended the meeting in San Bernardino and spoke on behalf of our community. I was a part of that group.

My goal is to support transparency and accountability, ensuring all important issues are discussed thoroughly and openly and protect the quality of service in our new Community Services District. I believe it is the responsibility of the CSD Board to help secure high quality water and affordable rates for our area. Voting YES assures that our services will be governed by local people responsible directly to the community. I believe this is the right time and the right decision for our community. Join me in voting YES on Measure V.

PLEASE UPDATE YOUR CONTACT INFORMATION



MAILING ADDRESS Please verify that the contact information we have on file for you is still correct and up to date, as well as any emergency contact we have or you would like to add.

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Victoria Martin is an active member of the State Bar, licensed to practice law in California. CA Bar # 277116.



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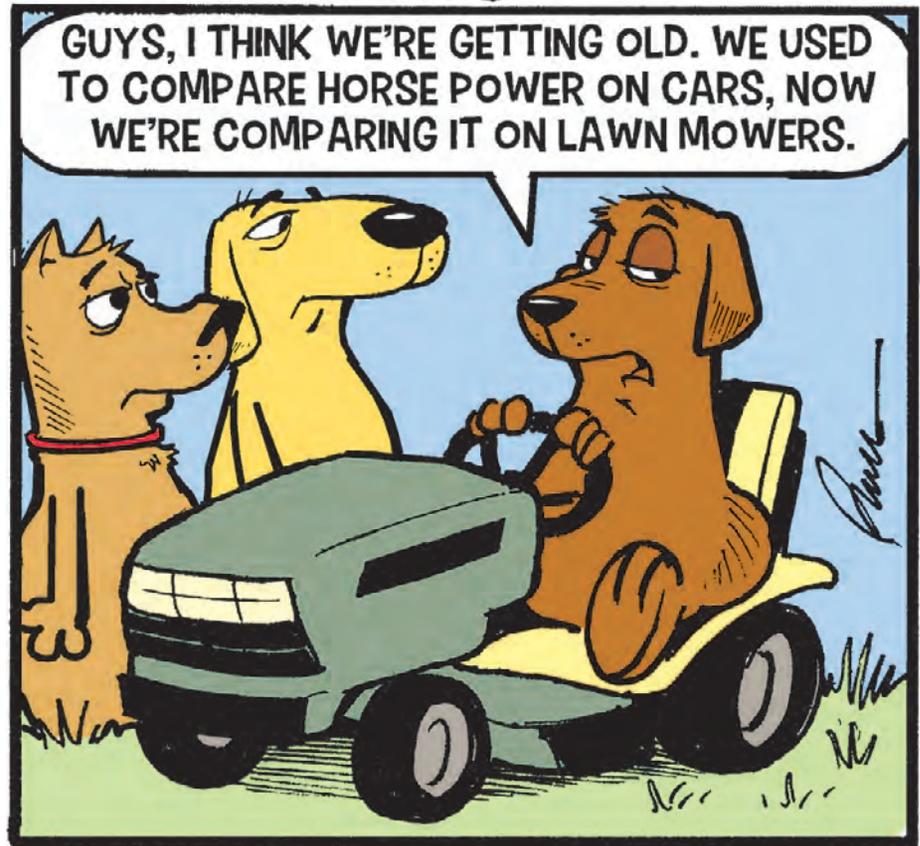
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Just Like Cats & Dogs

by Dave T. Phipps



SVLA Breeze

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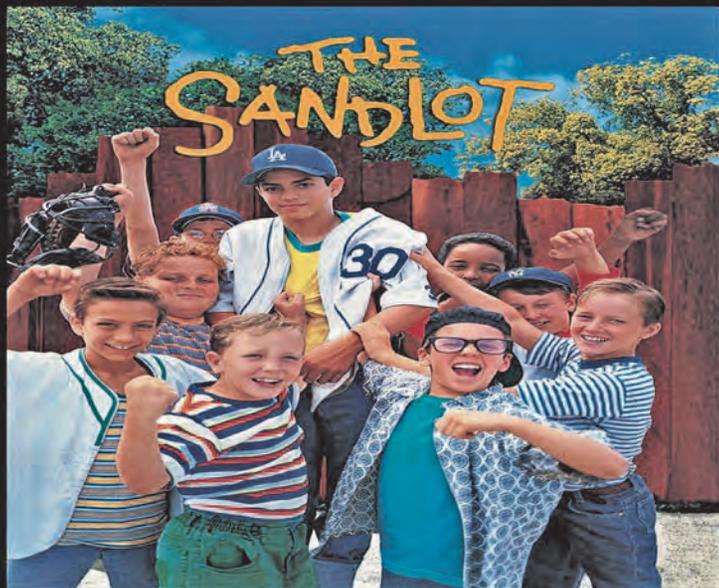
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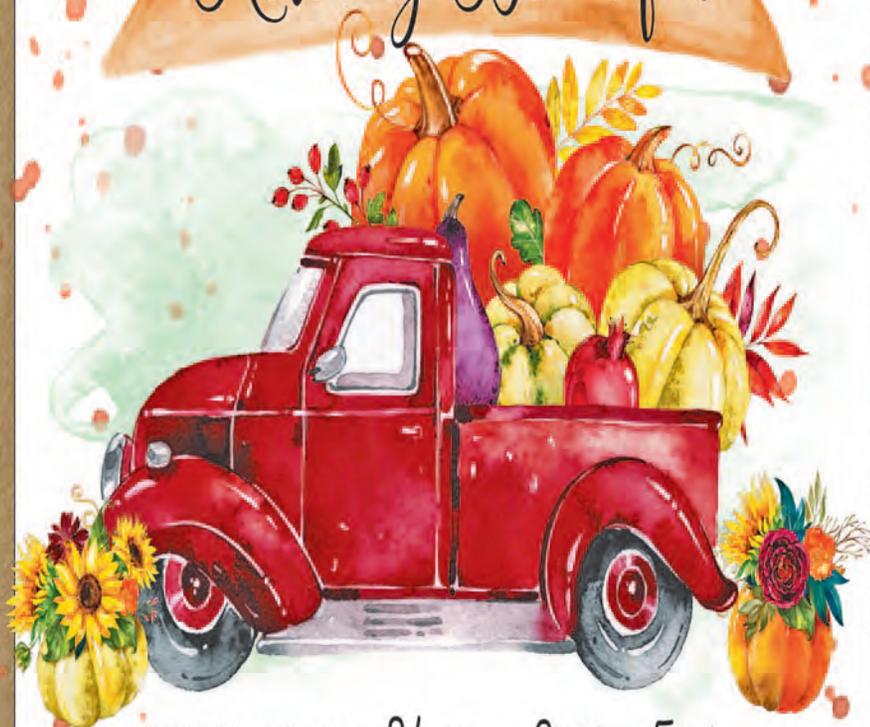
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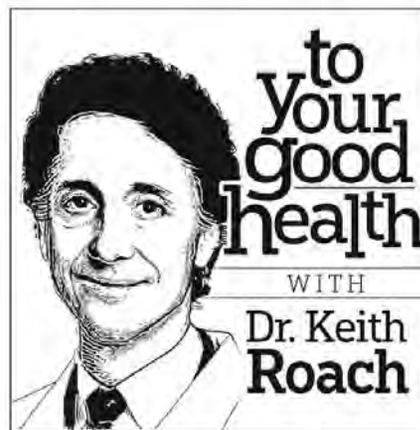
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Insomnia One of Many Prednisone Side Effects

DEAR DR. ROACH: I was prescribed prednisone 5 mg twice daily, but I had insomnia, itching and hot flashes from it. I stopped after four days but am still suffering from sleeplessness. Has the prednisone had a permanent effect on my body? —J.W.S.L.

ANSWER: Prednisone, a powerful anti-inflammatory and immune system-inhibiting steroid, has many side effects on the body, especially insomnia. Hot flashes and itching are uncommon side effects.

Insomnia is more common when prednisone is taken twice daily. Anytime a person gets insomnia, it can create a situation where they become worried about sleeping, which can lead to a persistent problem, even though the effect of the prednisone is gone.

I recommend some routine steps for treating insomnia, such as avoiding bright lights, including any electronic screen, for two hours or so before bed; regular exercise, if the condition for which you took prednisone allows it; and a warm bath before bed. A mild sleep aid, such as melatonin 1 mg or less, may help reset your system, but daily use is not necessary.

DEAR DR. ROACH: My wife had a heart attack. They did what they could for her, but she had a 100% blocked artery. They did clean it out, but a week later she had a fatal heart attack.

Five or six months earlier, she called me quite often by a former friend's name. I am wondering if blood was not getting to her brain or if she was

starting to get dementia? —G.M.

ANSWER: I am very sorry about your wife.

People who have blockages in the heart often have blockages in other blood vessels, such as those in the leg, but also those going to the brain. Poor blood flow to the brain may cause changes to memory and other specific problems.

A stroke is very much like a heart attack. Most strokes are caused by poor blood flow to a specific area of the brain, and if it is severe enough, long enough, brain tissue will die, causing loss of function. People who have had multiple strokes are more frequently affected by dementia, called vascular dementia or multi-infarct dementia.

I don't know if this was the case for your wife, but it is certainly plausible. People who notice loved ones having memory lapses should get an evaluation sooner rather than later, as sometimes there are therapies that work better when started earlier.

DEAR DR. ROACH: Does BPH increase the possibility of prostate cancer? —A.L.

ANSWER: Benign prostatic hypertrophy is a common condition in men. About half of men in their 50s have an enlarged prostate, and the proportion gets even higher as men age. The major symptoms of enlarged prostate are difficulty with urine flow, a sensation of decreased emptying, difficulty initiating urination, and increased frequency of urinating, including at night. As symptoms worsen, incontinence can occur and even kidney damage may result due to the high pressure in the bladder.

The first word in "BPH" is "benign": It is not a cancerous condition. It does not protect against developing cancer, but there does not appear to be an increased risk either, according to the most recent studies.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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COMMUNITY events



Thank you for your understanding during these challenging times. The Spring Valley Lake Association would like to keep its members updated on the changes that will be implemented in regards to social distancing practices. We understand that the unknown can raise many questions and we thank you for your patience while we diligently searched for answers you have been looking for.

SVLA has released a series of memos regarding each of our amenities that detail everything you will need to know about the changes we have made to keep our community safe. These new regulations will be enforced effective immediately during this time of social distancing.

Copies of each memo can be found on bulletin boards where association agen-

das are posted. The memos will also be emailed, and posted on our social media sites.

Please keep in mind that while our amenities are open, members will be using them at their own risk. SVLA has posted a release of liability on all amenities that explains possible risk for exposure to and any illness from infectious diseases, including but not limited to COVID-19, from amenity usage. Any and all regulations made are subject to change at any time if necessary, for the health and safety of our community.

We understand that these are concerning times, but SVLA wants to ensure the community that health and safety is our top priority. Together we can create a sense of normalcy as we slowly and safely open our amenities back up while practicing social distancing. Thank you for your support and commitment to bettering our beloved community.

Due to social distancing orders in place, classes, clubs and committees may not be meeting at this time. Please view the SVLA website- www.svla.com -for updates and on how we will be conducting any upcoming meetings. We will also notify you of any changes via social media outlets. Sign up for our email E-Blasts via our website and Like us on Facebook.

SVL Committees

COMMITTEES	COMMITTEE CHAIR	MONTHLY	TIME/LOCATION
Architectural Committee	Karen Hillers	2nd & 4th Thurs.	4pm PVR
Citation Committee	Don Nelson	1st Tuesday	5:00pm PVR
Communications Committee	TBD	TBD	
Community Plan Committee	TBD	TBD	
Community Task Force		1st Tuesday & 3rd Tuesday	5:30pm 5:30pm
Equestrian Estates Committee	Cathy Westmoreland	3rd Tuesday	6pm EECH1
Finance Committee	Bill Walters	Meetings vary	
Lake Committee	Chris Hall	2nd Thursday	6:30pm PR
YAC Committee	TBD	(Inactive)	

ASSOCIATION OFFICE HOURS
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Boat Test for Vessel Operator's Permit occurs Daily at 9am in PVR
Vessel Operator's Permit **renewals** occur Daily at 7pm in addition to the original 9am slot - (See Public Safety Dispatch)

On line test available at www.svla.com (Public Safety page)

SVL Clubs

CLUBS	FACILITATOR+ CONTACT
Amateur Radio Club - 1st TH, 7pm PR	George Ellison NOGWE 760-810-1008, george@4mailservice.com
Boy Scouts Troop 2226, 2nd, 3rd 4th M, 6pm PR	C.J. Cook 760-887-6200
Cub Scout Pak 26 , 2nd, 3rd 4th M, 6pm MLH	Britt Imes 760-900-3897
The Coffee Break Club-3rd TH, 10am-12pm MLH	Dennis Verhagen 760-243-2128, dennisverhagen@earthlink.net
Lions Club Poker - 1st F, 7pm MLH	Don Nelson 760-964-7552
Rods & Relics Club - 2nd SAT, 8am PVR	Don Sedam 760-955-6052
Social & Fishing Club - Varies, MLH	Robert Eaton 760-951-8721
SVL Pan Group, 2nd & 3rd W, 12pm - 4pm PR	Carol Christie 760-243-1526
Veterans Club - 4th TH, 6-8:30pm PR	Chris Harvey 209-338-7349
Yacht Club - 3rd TH, 6-8pm MLH	Rick Groff 442-242-7095

SVL Recreational Classes

CLASS	DAY	TIME	LOC.	Instructor
Bocceball /Horseshoes	M,W,F	8 - 11am	MLP	Raul Paz 760-245-6311
Group Exercise (Body Express)	M,W,F	8 - 9am	MLH	Jace Knisely 760-628-6416
Power Yoga	T/W	6:30pm-7:30pm	PR/MLH	Jace Knisely 760-628-6416
Line Dance Beginner/Intermediate.	M	9:10-10:10am 10:10-11:40am	MLH	Su Kim 760-241-8823
Line Dance Ultra Beg./ Beg./Easy Intermediate	T	8-9am, 9-10am 10-11:30am	MLH	Su Kim 760-241-8823
Arthritis Exercise	T,TH	8 - 9am	PR	Dottie Schiller 760-243-4697

Key for Locations

Abbreviation	Name/Location of Facility
MLH - Meadowlark Hall	Community Building 12975 Rolling Ridge Drive (Great Room)
PR - Palm Room	Community Building 12975 Rolling Ridge Drive (Small Room)
PVR - Parkview Room	Community Building 12975 Rolling Ridge Drive (Conference Room)
EECH1	Equestrian Estates Clubhouse, 12660 Indian River Drive, Apple Valley
MLP	Meadow Lark Park, 12975 Rolling Ridge Drive
WB	West Beach, 13230 Country Club Drive
EB	East Beach, 13244 Country Club Drive
PFP	Playfair Park (Equestrian Estates)

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Our Spring Valley Lake —The Beginning

by Jeri Lawrence



Going by this structure, as many times as we do, did you ever think why it's there? When was it built? Who designed it?

Does it have a function? Actually, this structure was a part of the first site for Spring Valley Lake. Boise Cascade Company had a dream to build a golf course community to include a large lake in the desert; specifically, the High Desert. The chosen area was known to have a water source, and was already a popular area for dirt bikers, dune buggy and camper enthusiasts. Bear Valley Road was mostly a dirt road at that time. Autos needed to stop at the railroad tracks heading towards Apple Valley, as this was before the bridge over the tracks was even a plan. Being a dirt biking family, we headed to Lucerne Valley for our outings,

passing by just more desert that is now Spring Valley Lake.

Plans need an artists' renderings which can be adjusted easier than blueprints. The structure we see now began as a drawing. After much searching and reading, I found the original set of renderings and plans for the Boise Cascade sales office as well as the structure over the entrance to Spring Valley Lake. The sales office is now the "old" administration building on the Victor Valley College Campus, next to the "tower". As great as that sales office was planned to be, it needed a "here I am" structure on this otherwise "lost in the desert" land.



You are looking at the very first plan for the "tower and pedestal" on the college campus. You can also make out the adjacent building, which was the Boise Cascade sales office. These original drawings, by Cliff May, are housed on the UC Santa Barbara Architecture and Design Collection, Art, Design and Architecture Museum. The search was fun but the people at the college could only work a few days a week due to Covid, so the challenge became greater. So here we are looking at these truly exciting first plans for

the Spring Valley Lake Community. It is interesting to see that the drawing has flag poles surrounding the tower. Were there flags? I spoke to a sales person who was on sight, Bob Sher, and he does not recall any flags. It turns out that the buildings were more than just sales offices. There was a restaurant and lounge there as well! The restaurant was named the High Country Inn. Boise was seriously making the case to sell properties by adding a Circle K store to the sales operation. The entire design was done by Cliff

May.

Cliff May was the first architect to introduce the Ranch Style Home. This style was popular after World War II. I read that Clifford May never attended school for architectural design, but instead designed and built furniture. He started designing tract homes in 1952 and formed a company with his friend, Chris Choate. They designed the famous Ranch Style Homes in California. He also designed quite a few homes right here in the early days of Spring Valley Lake. His style gained

fame and spread East to Denver and beyond. May designed homes until his late 70's (1909-1989) where he chose to reside in his ultimate ranch house, a 10,000 square foot home in a canyon off the Santa Monica mountains.

A decision, for when the planned community was completed, was for Bank of America to take

over the sales pavilion property. Trends ended that plan and the college purchased the buildings, made changes and opened in 1975 as a part of the college campus.

The early days of Spring Valley Lake is very interesting. And as we grow and more new families move here, the history needs to be written from time to time. Next month will be more about the early entrance to our lake side and equestrian entrance drawings and designs. 

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